

I didn't  
sign up for  
this.

Or...

**dealing with  
change and the  
unexpected.**

**get ready**

moan / move

attract

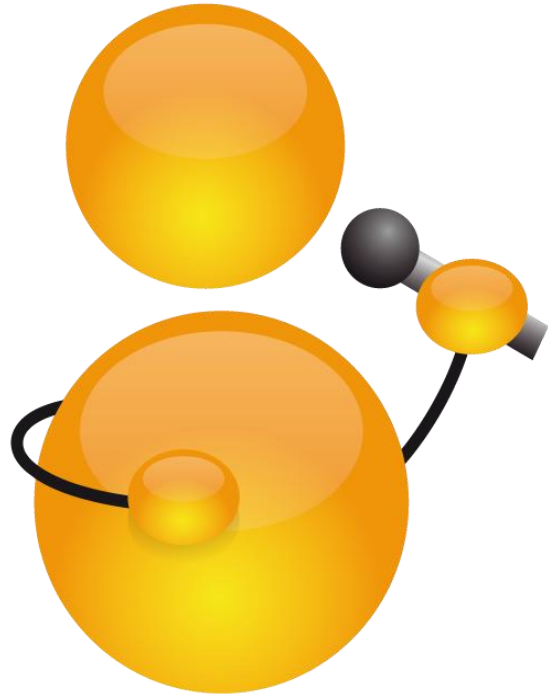
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**take stock**

1.

2.

3.



ask for help

*yes, it's allowed.*

help others

*this helps you too.*

**skcabtes**

**choice**



**Jennifer MacKay**

**[jennifer@jumptraining.co.uk](mailto:jennifer@jumptraining.co.uk)**

**[www.jumptraining.co.uk](http://www.jumptraining.co.uk)**

**+44 (0) 7872 924 150**

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